

The Rosary Society of fair to be held 9 a.m. to 3
Holy Trinity Church, 34 p.m. Oct. 18.
Maple Ave., is seeking ven- To reserve a space, call
dors for its flea market/craft 201-845-5625.

News tip? Call 201-703-8793



**US Army Corps
of Engineers.**

**NOTICE OF AVAILABILITY OF THE
RECORD OF DECISION FOR THE
MAYWOOD SITE**

The Record of Decision (ROD) to address radioactively contaminated soil and buildings at the FUSRAP Maywood Superfund Site has been signed by the U.S. Environmental Protection Agency, Region 2 and the U.S. Army Corps of Engineers, New York District and is now available to the public. Copies are available for review at the FUSRAP Public Information Center, 75A West Pleasant Avenue, Maywood, New Jersey, 201-843-7466, between 9 a.m. and 4 p.m. Monday and Wednesday and 9 a.m. and 3 p.m. Friday. Copies are also available at the Maywood, Lodi and Rochelle Park public libraries and online at www.fusrapmaywood.com.

The selected response action for the Maywood Site is excavation and offsite disposal. The major components of this action are: excavation and removal of soil and buried bulk waste with contamination above cleanup objectives established for the site; physical separation to sort waste potentially requiring disposal as mixed waste and bulk waste from soil requiring disposal as radioactive waste; institutional and land use controls on portions of site properties where contaminants will remain at levels higher than those established for unrestricted use; off-site disposal of waste materials; decontamination and demolition of buildings on two site properties; and environmental monitoring to ensure the effectiveness of the remedy. This response action is protective of human health and the environment and believed to provide the best balance among the alternatives evaluated for the site. Other alternatives evaluated included: no action (evaluation is required), monitoring and institutional controls, and excavation, treatment and offsite disposal.

Please call Allen Roos, U.S. Army Corps of Engineers
Project Manager for the FUSRAP Maywood Site at
201-226-6616 for more information.

ay. (October 7) 11:00 a.m. on the side lawn. Residents are invited to bring their pets to the annual event.

The Reverend Lois Schembs, Vicar of St. Martin's, will bless all the animals in attendance. For further information, call 201-843-5360.

K of C Collecting Food for Life

Our Lady Queen of Peace Knights of Columbus Council 3426 will hold its annual Food Drive during the month of October.

Non-perishable items may be left in the church vestibule after all masses.

Advertise in Our Town CLASSIFIEDS
\$10. for 5 Lines
Call 201-843-5700

Weekly Health Tip



by Alan Aronowitz

REDUCE YOUR RISK OF BONE LOSS

To limit bone loss and reduce your risk of osteoporosis, be sure to get enough calcium and vitamin D in your diet. Weight-bearing exercises (like walking, jogging or stair climbing) and weight lifting exercises work directly on your bones and can also help. Limit soft drinks, avoid excessive alcohol and don't smoke. Getting adequate vitamin K is also helpful in improving bone strength. Some recent studies have suggested that drinking tea over a long period of time may also help bone density.



National Prescription Centers

JANET'S POST-MASTECTOMY BOUTIQUE

441 Passaic St.
Hackensack
(at the Maywood border)
201-488-1230

An Alcoholics Anonymous (AA) Support Group meets every Thursday from 8:30 to 9:30 p.m. at Pascack Valley Hospital, Westwood. Call 201-358-6000 or visit www.pvhospital.org.

call 201-845-8779 or stop by the center.

HEADLINE HUMOR

"Mormons To Open First Temple In Ohio In About 160 Years"
- the Salt Lake Tribune

are welcome. The club meets at Rudy's Restaurant (107 Anderson, Hackensack) at 12:15 p.m. Cost for the luncheon is \$12. For further information, call JoAnn McKay (201-845-3795).



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10/2/03
Our Town

The Record
10/1/03



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